

ANNUAL REPORT 2021

Canberra PCYC

Police Community Youth Club, Inc.



ENGAGE - BELONG - RESPECT

CANBERRA POLICE COMMUNITY YOUTH CLUB INC.

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President's Report

Peter Macfarlane



As President of the Board it is my pleasure to present the Canberra PCYC 2021 Annual Report.

This year carried over very much as the past twelve months did with COVID effecting the way businesses delivered across the region, and worldwide.

We closely monitored what was happening overseas knowing what the effects would be on our service delivery.

Our services have been in demand again this year with an increase in requests for our support programs. The teams were also providing supports to families online as well as face to face the entire lockdown periods, after receiving approval from ACT Health and ACT Government to be deemed an essential service. We were one of a handful of services who continued to operate in some form of normal capacity during the 2 major lockdown periods and after restrictions were eased slightly, brought young people back into our sites for normal programming as soon as possible.

The team partnered with YMCA and OZ Harvest and delivered thousands of meals to families effected by job losses across the region.

With the restrictions in place our social enterprise programs were restricted in being able to operate in a normal capacity but we were able to continue with online supports during these unknown periods.

Our Erindale Fitness Centre suffered again this year from closures and tight restrictions, but we are looking forward to being able to return to some form of normality and have the centre back to full capacity.

The effects of COVID place a financial strain on our organisation, which also included losses in fundraising revenue from the joint PCYC Lottery with other states. We monitored situations and have managed to pull through once again this year.

I would personally like to thank the other members of the Board who have supported the organisation through another big year, Rob Wilson, Stella Conroy, Graciete Ferreira, Helen Badger, James Ogg and our representatives from ACT Policing, Deputy Chief Police Officer Elizabeth McDonald and other representatives from ACT Policing, and we are looking forward to seeing the relationship develop and grow.

I would also sincerely like to thank the PCYC management team and all the staff on the frontline for everything they have done again through some of the worst times in our PCYC history. It is a truly inspiring dedicated team, all of whom have such a strong passion to ensure our young people are provided with the best opportunities in life.

We look forward to the next twelve months and our management team will continue to work with our partners, stakeholders and those young people and families we once again had the privilege to support in developing and strengthening our service delivery to meet the increasing needs. Our goal is to expand our footprint across the region with the increase in demands for services to provide quality services.

Our Patron

His Excellency,
David Hurley



Our Patron

Canberra PCYC is honoured to have His Excellency, the Governor-General of the Commonwealth of Australia, the Honourable David Hurley as Patron of our organisation.

His Excellency believes that through various sport and social activities we are able to help troubled young people re-engage with society and empower them to create a better future. The impact is profound, both in the short-term by helping young people change their behaviour and in the long-term by giving them the skills they need to contribute as valuable members of the community.

His Excellency is looking forward to being involved as Patron and working with the Canberra PCYC team, who give so much of their time and selves to the important cause.

CEO Report

Report

Cheryl O'Donnell



I would like to firstly with our annual report thank all the team without whom, we would not be where we are today. As a team we have once again banded together to provide vital services across the regional area in another year of unknowns. So many families suffering the effects of the COVID pandemic that created chaos and anxiety in its path. The team once again went above and beyond expectations to ensure the hundreds of families received a service second to none, and I am so proud of the staff's dedication and compassion to change lives around during times again never witnessed before in most of our lifetimes.

Once again my sincerest thanks goes to Stephen Imrie and Hayley Mackinnon for all they do to get things off the ground and ensure things run smoothly. It has been a trying year again and so many additional pressures added into the workplace to comply with COVID regulations and we have again proven just how strong we are

I would also like to acknowledge and thank our Board members for giving up their time to support us in the background. As with many Boards you need people with the same drive and passion to move an organisation forward into the future and all our current members share our passion for making sure young people and families are offered a service second to none. I look forward to the future of Canberra PCYC with this Board being an integral part of our future journey.

We would also extend our special thanks to our key stakeholders for their support this year including the Australian Federal Police, Federal Government, ACT Government Community Services Directorate, and NSW Government. Your support has enabled us to provide valuable support to even more young people and families this year.

We would also especially like to thank those from the business sector who provided additional valuable support during this extremely tough year. We especially thank the Snow Foundation for their ongoing support and valued advice, Hands Across Canberra, Boorer Foundation who through their generosity enable us to provide additional program supports to so many families and young people.

This year again saw our practices change to address the needs of so many doing it tough, but it also saw us open new doors of opportunities for young people with our social enterprise programs growing with 2 vans currently on the road and the opening of the social enterprise "Cruisin Cafe" at St Andrews Aged Care Village and a new

program, named Hands Across The Ages, which provides young people with skills and employment opportunities in the Aged Care Sector.

We have also recently partnered with Uniting Care Kippax with a Lawn Mowing service which will effectively start in Dec 21, and we have been onboarded through Programmed to provide lawn mowing services for Southside Canberra. This is a great opportunity for expansion of our Social Enterprise programs that will see young people learn skills and paid whilst learning on the job.

The Project 180 team also partnered with Programmed to provide young people with the skills and opportunities for the future within the construction industry.

We have also recently partnered with YMCA and we are looking forward to a long relationship with the team in further broadening our social enterprise programs with discussions being held in areas of training facilities across a number of fields. This partnership started by coming together to deliver thousands of meals to families across the region during the COVID lockdown period.

We would also like to thank Wakefield Park Raceway for their continued support this year, which saw our vans and young people doing the hospitality course attend major events before COVID restrictions came into play again. This has become a valuable support to the Canberra PCYC, that has enabled a large number of young people hone in their skills and is highly regarded and appreciated by race enthusiasts

I would also personally like to send a heartfelt thanks to Terry Shaw, Richard Nash, Chris Wheeler, James Hetherington, Andrew Hannan for everything they are doing in the background with our Turner site, to support Canberra PCYC and hopes for an exciting future for this site. Your support will never be forgotten.

There are a large number of opportunities for growth and partnerships being built in the background which will support our sustainability into the future and we look forward to the next 12 months.

A group of people are seated around a table in what appears to be a meeting or collaborative workspace. The image is overlaid with a semi-transparent teal color. The text is prominently displayed in the upper half of the image.

OUR VALUES:

**Engage, belong,
respect.**

OUR MISSION:

**Building positive
futures**

Organisation

Canberra PCYC is a not-for-profit organisation whose primary purpose is to build positive futures for vulnerable young people, and their families.

We adopt a strengths-based, client-centred approach to our broad suite of programs, working with families and individuals to enable them to achieve lasting positive change.

We are a trusted stakeholder within the statutory and community services system, giving families, Child and Youth Protection Services, Police, Education, the Youth Justice system and the courts multiple diversionary options to which they can link young people into.

If we engage vulnerable young people and their families, give them a sense of belonging, give them skills, a sense of purpose, empower them to make goals, empower them to own their choices and make better choices, and help build resilient families, we will have helped give our participants the best possible chance to build a positive future.



Funding

Australian Federal Police

\$507,000 inc GST

ACT Government

Community Services Directorate

\$737,277 excl GST

Fundraising

\$324,011



Programs

REFERRALS CAN BE MADE VIA
SUPPORTLINK, ONE-Link OR
BY CONTACTING OUR
REFERRALS MANAGER ON

PH: 0262967822
E: referral@pcyc.net.au

Supported by


0 - 12 YEARS
Engaging children in a
positive and active
environment

**Canberra
PCYC**
Public Community Youth Club, Inc.

PROJECT LEVEL-UP

REFERRALS CAN BE MADE VIA
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Supported by


PROJECT LEVEL-UP
Engaging children in a
positive and active
environment

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Public Community Youth Club, Inc.

PROJECT LEVEL-UP

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PROJECT LEVEL-UP
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**PROJECT LEVEL-UP
8-12 YEARS**

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Supported by


PROJECT 180
Engaging children in a
positive and active
environment

**Canberra
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Public Community Youth Club, Inc.

PROJECT 180

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Supported by


PROJECT EMPOWER
for vulnerable young people
and families across the ACT

**Canberra
PCYC**
Public Community Youth Club, Inc.

PROJECT EMPOWER

REFERRALS CAN BE MADE BY
CONTACTING JOCELYN
BREWSTER OR OUR REFERRALS
MANAGER ON

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E: referral@pcyc.net.au

PROJECT STEP BY STEP
Fee for service program
designed to suit individual
needs.
Whether it is a young person
struggling at school or an
adult requiring core
disability support assistance

**Canberra
PCYC**
Public Community Youth Club, Inc.

**PROJECT
STEP BY STEP**

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Supported by


PROJECT NEXT LEVEL
Engaging young people in
healthy activities in a
positive mentoring
environment

**Canberra
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Public Community Youth Club, Inc.

PROJECT NEXT LEVEL

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Supported by


PROJECT NEW LEAF
An anger management
program for young people
aged 12-18 years who are
struggling to manage their
emotions

**Canberra
PCYC**
Public Community Youth Club, Inc.

PROJECT NEW LEAF

REFERRALS CAN BE MADE BY
CONTACTING JOCELYN
BREWSTER OR OUR REFERRALS
MANAGER ON

PH: 0262967822
E: referral@pcyc.net.au

PROJECT MENTORED
Trained Volunteer Mentors
are matched to a young
person to provide a positive
role modelling for a better
pathway in life

**Canberra
PCYC**
Public Community Youth Club, Inc.

**PROJECT
MENTORED**

FOR BOOKINGS
CONTACTING PAM POWER OR
OUR REFERRALS MANAGER ON

PH: 0262967822
E: referral@pcyc.net.au

Supported by


PROJECT P.G.R.
Designed to help parents
build positive relationships
with their teens and
navigate those challenging
years

**Canberra
PCYC**
Public Community Youth Club, Inc.

**PROJECT PARENTAL
GUIDANCE
RECOMMENDED**

REFERRALS CAN BE MADE BY
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MANAGER ON

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E: referral@pcyc.net.au

PROJECT CHOOSE RESPECT
A respectful relationships
program for young people

**Canberra
PCYC**
Public Community Youth Club, Inc.

**PROJECT
CHOOSE RESPECT**

REFERRALS CAN BE MADE BY
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MANAGER ON

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Supported by




**PROJECT YOUTH MOBILE
TRAINING VAN**
Providing young people and
adults with certified
Hospitality and Barista
courses with onsite training

**Canberra
PCYC**
Public Community Youth Club, Inc.

**PROJECT
YOUTH MOBILE
TRAINING VAN**

Programs

CPCYC provides recreational-based early intervention, crime reduction and prevention, and youth crime diversion programs for vulnerable young people, including the Adventure Program, Intensive Diversion Program (IDP), Project Booyah, Face Your Anger, Understanding Teens, Choose Respect and Firebelly programs.

These are targeted programs for young people who are exhibiting anti-social behaviour, disengagement from school or formal education, are engaging in low-grade petty crime, or have been in contact with the justice system. Our programs are co-designed with young people and their families so that targeted outcomes meet the needs of the service users.

Our collaborative models build on the skills and experiences gained from our close ongoing relationship with AFP, and provide the community service sector with a wide range of supports to engage some of the most isolated and disengaged young people in the community.

18% of participants are Aboriginal or Torres Strait Islander

These programs demonstrate diverse possibilities for lifestyle choices and better pathways by offering high adrenaline, positive, safe risk taking activities that young people can engage in while increasing social skills and engaging in personal development.

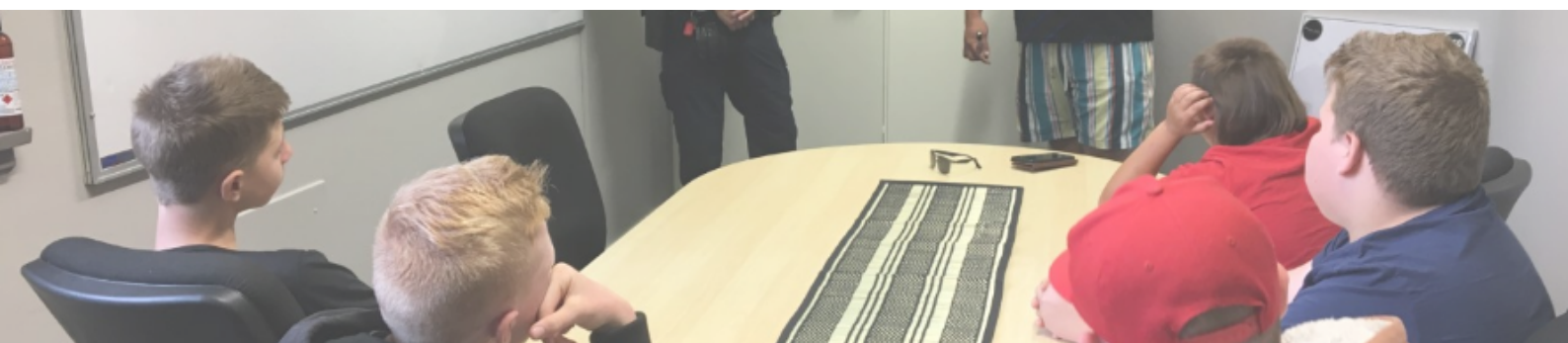
All early intervention programs seek to identify risk factors and protective factors associated with the participant's lives. CPCYC then work to reduce risk factors, and increase protective factors that will help participants achieve their goals.

11% of participants are Culturally and Linguistically Diverse (CALD)

Outcomes include an increase in participants attending regular schooling, a reduction in anti-social behaviour, an increase in meaningful links to community, a reduction in suspension rates of participants, an increase in family cohesion, and a reduction of participants entering or re-entering the youth justice system.

CPCYC also provides case management to vulnerable young people and their families. Through our support frameworks, we ensure that participants achieve tangible outcomes and practical skills to effect positive changes, increased resilience, and increased community connections.

Our sport and recreation programs and activities at Erindale Centre and After School Sports programs held at various locations across Canberra form a part of our community engagement strategy, also providing a soft entry point for young people to gain exposure to further CPCYC support. These programs are low or no cost, and provide an inclusive environment, sense of belonging, and an increase in health and mental wellbeing.



Programs

Project Level-Up - *Groups program intervention for vulnerable young people 8yo - 16yo*
Funded by ACT Government Community Services Directorate

This year the Level-Up Program had 88 participants partake in the program. Of these, 78% had issues with aggression, 52% had engaged in offending behaviour, 47% had high drug use, 33% reported domestic violence was present in their homes, and the average participant stated they could not cope with challenging situations. Participants engage in personal development sessions, positive mentoring, and adventure based activities one day a week for 20 weeks. Outcomes included re-engagement with education (decrease in suspensions and increase in meaningful attendance), 95.4% of those who were offenders reduced or stopped offending behaviour, an increase in capacity to cope (increase from % to 69%), and an increase in mental health and self-esteem.

Project 180 - *Intensive intervention for youth highly at risk of contact with the justice system* -
Funded by Australian Federal Police

Project 180 had 18 young people complete the program in 2020/21. Of those, 85% had engaged with the justice system or with Child Youth Protection Services, 90% had experienced domestic and family violence, 60% were heavy drug users, and 90% were disengaged from education. Outcomes for these young people included 90% increased family cohesion, 50% decreased drug use, a 72% reduction in youth crime, and 90% of participants that completed the IDP returned to formal education.

“I got a lot of things done that I needed to, and I've changed a lot as a person. PCYC was a positive change in my life, and I had only good things from it.”

2021 Booyah Participant

